Integrated Synergy Therapeutics Basic 1
Innovative Oriental Medicine

IST is consisted of two parts:
1. Acu-Zone Therapy—acupuncture treatment
   Acu-Zone Therapy is an acupuncture technique based on the elimination of tenderness in diagnostic zones with just less than 8 needles. Using careful palpation of the abdomen, neck, and back, the practitioner selects a meridian zone to treat which addresses the underlying roots as well as the immediate symptoms. Dr. Naka selected the most powerful 25 acupuncture points while treating more than thousands of patients.

2. Vital Energy Muscle (VEM) Testing—aids in determining the appropriateness of herbal formulas
   VEM testing is a very helpful technique for diagnosing the condition of the internal organs and for selecting the optimum Chinese herbal formula. This unique technique is based on the principles of finger muscle testing. Dr. Naka uses VEM to test for allergy and food sensitivity.

*IST Basic 1 will focus on Acu-Zone Therapy for pain. VEM will be taught in the class briefly. In Basic 2, Dr. Naka will further explore the usefulness of the VEM. Max Enrollment = 25

Day 1-Saturday July 18, 2015
9:00-10:15am  Theory & strategies of IST
10:15am-10:30am  Break
10:30am-1:30pm  Demo (Case 1)
12:30pm-1:30pm  Lunch
1:30pm-2:30pm  Practicum (Point Location)
2:30pm-3:30pm  Demo (Case 3)
3:30pm-3:45pm  Break
3:45pm-4:45pm  Practicum (Palpatory Diagnosis)
4:45pm-5:45pm  Practicum (Needle Technique)
5:45pm-6:00pm  Q&A

Day 2-Sunday July 19, 2015
8:00am-9:00am  Q&A + Practicum (Review)
9:00am-9:30am  Demo (Case 4)
9:30am-10:30am  Demo (Case 5)
10:30am-10:45am  Break
10:45am-11:45am  Technique and Synthesis 1
11:45am-12:45pm  Lunch
12:45pm-1:45pm  Technique and Synthesis 2
1:45pm-2:45pm  Technique and Synthesis 3
2:45pm-3:00pm  Break
3:00pm-4:00pm  Technique and Synthesis 4
4:00pm-5:00pm  Last Practicum (All topic)

Seminar Notes:
This seminar is hands-on focus class. You have a chance to check your skill with Dr. Naka. He will instruct you on needle technique, point prescription & location, and proper diagnostic skills. In Synthesis portion of class, participants will treat each other and check the progress with Dr. Naka, one on one. The rotation is planned to give everyone a fair chance.

Demos is opened to your patients. First come first served, please contact me for patients selection.

Take Home Goals:
• Adjust to new meridian zones and acupuncture points
• Exercise how to control Qi with gentle Japanese techniques
• Believe in effective acupuncture with 25 total points using fewer than 8 needles resulting immediate feedback
• Learn the palpation diagnosis consisting mainly of the neck, abdominal, and back for the evaluation of treatment
• Familiarize with the finger kinesiology, VEM as a prescription tool for herbs and nutraceuticals

Registration Form or Register online @ http://drnakano-ist.com/seminar

Integrated Synergy Therapeutics

Name:_________________________________Address:________________________
City:______________________ State:_______Zip:__________________
Phone:_________________Email:_________________________________________
License #:____________________________________

Please check off your workshop status and registration fee:
Early (by June 22)  Late (after June 22)
☐ Student  $295.00  ☐ $320.00
☐ Professional ☐ $325.00  ☐ $350.00

Amount enclosed  ____________________________________________

I understand that the workshop is non-refundable for any reason
as it is a limited engagement workshop (tickets canceled by the
Host in which case a full refund will be given). To receive the workshop
certificate, participants must attend the entire workshop.

Signature  __________________________  Date  ______________

Please return this registration form and your check to:

Dr. Masaaki Nakano
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Las Cruces, NM 88011