Integrated Synergy Therapeutics Seminar Series 2016

Brisbane | Sydney
1st - 8th October 2016

Presented by
Dr. Masaaki Nakano

PART 1- Foundations of IST + Pain Treatment:

Practical Acu-Zone Therapy
(Palpation-Based Japanese Acupuncture)

&

Vital Energy Muscle (VEM) Testing

Brisbane: Saturday 1st – Monday 3rd October 2016
Sydney: Thursday 6th – Saturday 8th October 2016

To register straight away, please go to:

For more information, please go to:

Email: info@qiology.com.au  |  Mobile: +61 405 044 576
What is “Integrated Synergy Therapeutics (IST)?”

IST is a unique treatment system devised by Dr. Masaaki Nakano, whom over the past 25 years has integrated important concepts from Kiiko Matsumoto and the late Ryosuke Uryu, utilizing 2 core treatment methods to achieve rapid and effective clinical results:

Practical Acu-Zone Therapy:

Practical Acu-Zone Therapy is a Palpation-Based Japanese Acupuncture method that achieves rapid clinical results for pain and internal conditions, treating both root and branch aspects of disorders simultaneously. Based on a deep understanding of the Acupuncture/Channel System, Dermatomes, the Autonomic Nervous System, the Brain Stem and Cranial Nerve functions, this treatment method divides the body into Zones, that are influenced by 25 specific acupuncture points, and therefore uses these acupuncture points alone to achieve its quick and effective results, commonly applying no more than 3-8 needles per treatment to provide a simple and clear healing message that the body can understand. The method also utilizes a gentle and unique “Synergetic Qi” needling technique that is based on the Japanese Hado/Resonance principle.

Vital Energy Muscle (VEM) Testing:

Vital Energy Muscle (VEM) Testing is a unique testing method that bears similarity to O-Ring or Applied Kinesiology muscle testing, but is specifically utilized to accurately test and assist in determining the correct application of Chinese Herbal Medicine prescriptions, nutritional supplements and dietary advice, their precise required dosages, hierarchy of importance in comparison to each other, correct time of termination or modification (after effects have been obtained, and the body no longer needs the substance[s], or now requires another), and even the brand of product, by determining the body’s physical-energetic responses to which it finds the most favourable or unfavourable. In essence, this is a powerful method for accurately prescribing medicinal substances in clinical practice to achieve rapid results. VEM Test also allows the practitioner to diagnostically determine imbalanced organs and systems of the body, and how they progress with continuing treatment.

In combination, the abovementioned IST core treatment methods are quick to learn, and take time to master, but if practiced diligently, they will allow you to achieve rapid and effective clinical results.

"A Palpation-Based Japanese Acupuncture method that gets instant results for relief of pain and internal conditions with the usage of between 3-8(!!!) needles per treatment, backed up with a real-time efficacy verification method to confirm your correct application of Chinese herbal medicine prescriptions, supplements and dietary advice to achieve rapid healing in your clients/patients. IST is here, and it will change the way you practice."

Master Acupuncturist Kiiko Matsumoto
The birth of Integrated Synergy Therapeutics (IST):

Soon after graduating, Dr. Nakano’s encounters with two Japanese Masters shaped how we would practice, forever:

Master Acupuncturist Kiiko Matsumoto led Dr. Nakano on a journey of following her teachings for 25+ years that continue to guide him to this very day.

The late Ryosuke Uryu’s teachings on the Life Energy Test (LET) sent Dr. Nakano down his own path of developing and refining the VEM Test, which he uses to assist his Chinese Herbal Medicine and dietary prescription in clinical practice.

Over 25 years of practice, Integrated Synergy Therapeutics (IST) was born out of the necessity of Dr. Nakano to be able to maintain his high patient load of up to 100 patients/clients per week, by shortening treatment time, whilst maintaining connection with each patient/client, getting effective, quick and lasting results, and minimizing personal fatigue in practice.

On a serendipitous day, many years ago, Dr. Nakano discovered that the acupoint Du 17, when properly needled, was able to release and eliminate pain and tension in the whole spine. After testing its effectiveness on thousands of patients/clients, this opened up a whole new area of discovery, and Dr Nakano began to explore, test, and systematize the effectiveness of 25 specific acupoints on zones of influence that he has mapped out on the body, leading to a minimalistic and clinically effective approach known as Practical Acu-Zone Therapy - a major branch of IST. Combining Practical Acu-Zone Therapy with the other branch of IST, the VEM Test, allows Dr Nakano to quickly and accurately prescribe Chinese Herbal Medicines, supplements and dietary advice to support his acupuncture treatments to achieve rapid clinical results.

In the evolution of IST, another revered Master Acupuncturist also played an important role for Dr. Nakano, specifically in realizing the necessity of teaching IST to practitioners and students. The late Master Kiyoshi Nagano (introduced to Dr. Nakano by Kiiko Mastumoto) prior to his passing, despite his ailing health, allowed Dr. Nakano the privilege of shadowing him in his clinic in Ooita, Japan for a day. Apart from observing impossible clinical results, learning unique insights on Stomach Qi, GB26’s unique location, Kidney Deficiency and Immunity Issues, one conversation lay etched forever in Dr Nakano’s mind: Dr. Nakano had asked Master Nagano why he was so generous sharing his knowledge with a stranger, who had very little knowledge of Nagano Style Acupuncture. Master Nagano answered: “I can only treat people in Ooita. Once you study this art well, you can treat more patients in your town. Upon mastering this skill, please teach this art to others in order to take as much pain out of as many people as possible.”

These words, in the spirit of Master Nagano have guided Dr. Nakano over the years not only in practice, yet in the forming of IST into a system that may be generously taught to and shared with practitioners and students across the globe in seminars, and by using IST teaching materials (books + DVDs) so that Dr. Nakano may extend his healing impact to as many people as possible, like Master Nagano had suggested.
Concise elaboration on the Complete Integrated Synergy Therapeutics (IST) 4-Part Curriculum:

This curriculum is designed to gradually build the skills of practitioners and students in the diagnostic and treatment methods of IST. The Curriculum allows attendees to gain rapid competency in the techniques, to start achieving instant results in clinic, but it should be understood that the techniques, although quick to learn, take time to develop and master.

According to Dr. Nakano, treating pain effectively is one of the most important aspects to be taught first (and is therefore a focus of Part 1), as a large percentage of patients seek our care for pain relief. Learning to deal with these conditions effectively is of primary importance, not only for our patients’ health, but for the health of our businesses.

PART 1 is being offered this year (2016).

**PART 1 - Foundations of IST + Pain Treatment**

**PART 2 - IST Pain & Organ Conditions of the Lower Body** (ankle, knee, hip, pelvis & lumbar disorders + ST, LI, UB, KID & Uterine Disorders)

**PART 3 - IST Pain & Organ Conditions of the Upper Body** (hand, elbow, shoulder, neck & head disorders + LIV, ST, LU, HT & Brain issues)

**PART 4 - Advanced IST: Allergy and Hormonal Treatments** (Food & Environmental Allergies + Thyroid/Adrenal/GYN/Pituitary Disorder)

“...You can learn everything about a formula, herb, supplement, food or super-food for that matter, but if the body does not respond well to that substance, it will not be assisted by its application. VEM Testing teaches you how to determine the correct application of therapeutic substances for each patient at that exact moment in their journey to health.”
To be covered in the 3-day seminar via lecture, demonstration & hands-on components:

**Practical Acu-Zone Therapy** || **VEM Testing**

**Theory**

- Foundations of Practical Acu-Zone Therapy, Acu-Zones, Acupuncture/Channel System, Dermatomes, the Autonomic Nervous System, the Brain Stem and Cranial Nerve functions, the 25 Acupoints of Practical Acu-Zone Therapy, Point locations and alternative locations.

- Foundations of VEM Testing, VEM Testing system, concepts, theory and basics, applications, preparation for testing, location of testing points to determine internal disorders, and scope of testing.

**Diagnosis**

- Analysing areas of chief complaint and adjacent areas, “Thinking in Zones,” diagnosis by palpation, methods of palpation, principle evaluation zones, Neck palpation (SCM Zones 1-4, Trapezius Zones 1-4) Abdominal palpation (Organ representation zones) and Back palpation (Upper Jiao Area, Middle Jiao Area, Lower Jiao Area, Sacro-Iliac Joint Area), thermal palpation of the feet, phases of palpation, order of palpation.

- VEM Testing methods and techniques, Polarity Test, Cervical Vertebrae Test, The Thymus Glad, Assisted testing, Testing Interpretations (Levels 0-4), testing substance/prescription/supplement/food suitability and utilizing testing points to diagnose internal disorders.

**Treatment**


- Herbal Prescription/Supplementation Process, General Herbal Prescription Template, hierarchy of application, dosage, time of termination/modification, practical application in clinic, Walk-through of VEM Test, Case Studies.

Case study demonstrations on attendees and demonstration of difficult cases, focusing on pain-related disorders, with local patients brought in by attendees for Dr. Nakano to treat (Attendees will be contacted prior to attending to organize bringing patients who consent to being treated in demonstration for the learning purpose of attendees).

Each Seminar is limited to 30 attendees. Please book now to avoid disappointment.
Which practitioners/students will benefit from attending Dr. Nakano’s courses?

- Those wishing to maximize their clinical results whilst minimizing the number of acupuncture needles used per treatment.
- Practitioners and students wishing to learn skills to achieve rapid and effective pain relief in their patients/clients (50-90% pain relief in a single treatment).
- Practitioners and students wishing to learn to apply intention in their treatments with a unique needling technique.
- Those wishing to simplify their process of acupoint selection, whilst understanding a new perspective of “zones of influence” to inform their treatments.
- Practitioners and students wishing to learn palpation methods as a major form of diagnosis for their treatments.
- Those wishing to learn a kinesiology based method of diagnosing areas of dysfunction in the organs and systems of the body.
- Those wishing to utilize a method of testing the body’s response in real-time to Chinese herbal formulas and supplements to confirm their applicability, thus connecting more with what the patient/client requires through direct feedback to achieve effective clinical results.
- Practitioners and students wishing to prescribe herbal medicines/supplements relying more on the patients’/clients’ feedback as opposed to a “cerebral-only” approach.

Seminar Attendance Details:

Integrated Synergy Therapeutics Seminar Series 2016
Brisbane | Sydney
1st - 8th October 2016

PART 1 - Foundations of IST + Pain Treatment:
Practical Acu-Zone Therapy (Palpation-Based Japanese Acupuncture) & Vital Energy Muscle (VEM) Testing

Brisbane: Saturday 1st – Monday 3rd October 2016
Sydney: Thursday 6th – Saturday 8th October 2016

9 am - 6pm each day (8:30am Arrival and registration on first day).
24 Contact Hours
24 CPD Points

Please note that this seminar is based on a complete treatment system, and cannot be attended in segments, as it is not structured in a way that makes this possible. Practitioners and students must attend the whole seminar.

For all seminars, morning & afternoon tea will be provided, suitable for those with dietary restrictions. Please provide your own lunch, or purchase lunch at a suitable location nearby.
Seminar Venue Details:

Brisbane Venue:
Room 210 (Second floor) Shafston University Mansions, 9 Castlebar St (corner of Shafston Ave and Castlebar St), Kangaroo Point (Brisbane), 4169, Australia.

Sydney Venue:
“The Ambassador’s Room” - Embassy Conference Centre
826 George Street (Corner George and Regent Streets; Opposite Bar Broadway), Sydney, NSW 2000, Australia.

Seminar Bookings:

Each Seminar is limited to 30 attendees | Please book now to avoid disappointment.

For registration, booking deposits, or full payments, contact Qiology, or please go to our secure and confidential online registration and payment platform. When booking and paying through the online Qiology Seminar Registration and Payment System, please select carefully which seminar you will be attending, and which city you will be attending the seminar in. For payments, add appropriate selection to Cart, view Cart, and then select Checkout after selection has been made, and follow prompts for credit card payment. Please note any incorrect selections may be trashed.

If you are paying with direct deposit, please notify Qiology of your intentions for payment after registering on the online Qiology Seminar Registration System. Please note that direct deposit details are available in a dedicated section at the end of this flyer.

To register straight away, please go to:

For any additional enquiries, please contact Qiology:
Email: info@qiology.com.au
Mobile: +61 405 044 576
Important information on required textbook:

**IST seminars have a required textbook:**

**A Clinical Manual of Practical Oriental Medicine:**
Breakthrough: Integrated Synergy Therapeutics Vol. 1 By Dr. Masaaki Nakano, DOM and Mateo Bernal, DOM  
(139 Pages)

If you do not yet have this text, this purchase will be included in your seminar attendance cost, as it is considered part of the course, and necessary pre-reading prior to your attendance of the seminar, to maximize your learning outcomes, and your practice and understanding of the concepts post-seminar.

If you already have this text, or want to purchase it online earlier, you do not need to purchase it with your seminar registration, and your seminar will be available at a reduced cost (see fees section).

If you don’t have the required text and wish to receive the book with your seminar registration, please do not register for the reduced rate seminar, so we may include the textbook with your attendance.

These options are specified below for practitioners and students. When registering for these seminars, it is vitally important that you input your correct mailing address with your online registration, so that we know where to mail the textbook.

The textbook will be mailed to you 1 month prior to the seminar, so that pre-reading may be commenced. Textbook will not be mailed unless a seminar + textbook deposit, full seminar + textbook payment or dedicated textbook payment has been received.

Overseas attendees (outside Australia) must order the book online.

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### Integrated Synergy Therapeutics Seminar Series 2016 Fees:

**PART 1 - Foundations of IST + Pain Treatment:**
Practical Acu-Zone Therapy (Palpation-Based Japanese Acupuncture) & Vital Energy Muscle (VEM) Testing

Practitioner Rate + Textbook + Postage: AUD$880 Inc GST
Practitioner Rate (No textbook): AUD$770 Inc GST

Student Rate + Textbook + Postage: AUD$770 Inc GST
Student Rate (No Textbook): AUD$660 Inc GST

Textbook only: AUD$110 Inc GST (includes postage)*

**Textbook:**
A Clinical Manual of Practical Oriental Medicine:  
Breakthrough: Integrated Synergy Therapeutics Vol. 1  
By Dr. Masaaki Nakano, DOM and Mateo Bernal, DOM (139 Pages)

* Those purchasing textbook only, please note that we may only send this book to you upon receiving our shipment, and it will be shipped at the same time that registered attendees will be receiving their textbooks.
Payment Plans:

Payment plans are available after an initial booking deposit. Payments should be made on the due dates specified below.

Multiple simultaneous payments are now possible on the Qiology Seminar Payment System by adding selections to Cart, viewing Cart, then selecting Checkout after all selections have been made. Please note any incorrect selections may be trashed. When using the online Qiology Seminar Payment System, please select the correct payment type based on the city you are attending the seminar in.

If you already own the required text: A Clinical Manual of Practical Oriental Medicine by Dr. Masaaki Nakano and Mateo Bernal, your deposit will be less than the deposit for those simultaneously purchasing a book with their deposit. Once a book has been received, it cannot be refunded.

All payment plans are available only to those who register prior to 23rd July 2016.

Please view payment plans below. Payment Plans are available for seminar registrations after an initial seminar booking deposit.

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PART 1 - Foundations of IST + Pain Treatment:
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Brisbane | Sydney:

Practitioner Deposit + Textbook: AUD$220 Inc GST (Due Prior to 23rd July, 2016)
Practitioner Deposit (No textbook): AUD$110 Inc GST (Due Prior to 23rd July, 2016)
Practitioner Installment #1: AUD$330 Inc GST (Due 23rd August, 2016)
Practitioner Installment #2: AUD$330 Inc GST (Due 23rd September, 2016)

Student Deposit + Textbook: AUD$220 Inc GST (Due Prior to 23rd July, 2016)
Student Deposit (No textbook): AUD$110 Inc GST (Due Prior to 23rd July, 2016)
Student Installment #1: AUD$275 Inc GST (Due 23rd August, 2016)
Student Installment #2: AUD$275 Inc GST (Due 23rd September, 2016)
Direct Deposit Details

Overseas Wire Transfer Details for those Depositing into Qiology Bank Account from Overseas:

Account Name: Qiology
Bank Name: St George Bank
Bank Address: 4-16 Montgomery Street, Kogarah (Sydney), NSW 2217 Australia
SWIFT Code: SGBLAU2S
Account#: 484 964 964
Note: Please notify us via email if you are making an Overseas Wire Transfer

Transfer Details for Bank Deposits within Australia:

Account Name: Qiology
Bank Name: St George Bank
BSB: 112 879
Account#: 484 964 964
Note: Please leave name as reference with your deposit

Cancellation/Refund Policy:

• Cancellations made within 14 days prior to event are non-refundable.

• Cancellations made before the abovementioned deadline are refundable, less a 15% administration fee.

• Cancellations made within 1 week of initial booking, greater than 30 days prior to event are entitled to a full refund, less transaction fees.

• In the event of non-attendance for a course paid partially or in full, no refund will be given.

• If your seminar deposit includes a book purchase, the book purchase is not refundable once it has been received, and the seminar deposit will be the only partially or wholly refundable amount depending on the above terms.

• Books will be posted to registered seminar attendees 1 month prior to the commencement of seminars, so that pre-reading may be commenced.

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